Modelling Joyful Reading

Weekly Reflection • Words That Bloom

Before you move on, take a few minutes to reflect on how joyful reading has felt this week. Noticing your own engagement, body language, and tone helps you see just how much your presence shapes your child's love of reading.

How to use this sheet:
Check each item you practised this week, then circle a frequency. Use the reflection space on page 3 to capture insights.

■ Radiate Authentic Enthusiasm

- [ ] **I smile genuinely when opening a book.**
  Let your face light up when you encounter a favourite passage or discover something new.
  Rarely | Sometimes | Often | Always

- [ ] **My voice shows excitement during read-alouds.**
  Use varied tones, emphasis, and pacing to bring stories to life.
  Rarely | Sometimes | Often | Always

- [ ] **I maintain relaxed, inviting body language while reading.**
  Sit comfortably, hold books lovingly, avoid rigid or rushed postures.
  Rarely | Sometimes | Often | Always

- [ ] **I express joy even during repeat readings.**
  Find something new to appreciate each time, even in familiar stories.
  Rarely | Sometimes | Often | Always

- [ ] **I use gestures and expressions naturally while reading.**
  Let your whole self be engaged in the storytelling experience.
  Rarely | Sometimes | Often | Always

- [ ] **I pause to savour beautiful language or illustrations.**
  Take moments to appreciate craft — point out wonderful words or artwork.
  Rarely | Sometimes | Often | Always

■ Narrate Your Reader's Mind

- [ ] **I think aloud about what might happen next.**
  "I wonder if she'll find her way home..." or "What do you think he'll do?"
  Rarely | Sometimes | Often | Always

- [ ] **I make connections between stories and real life.**
  "This reminds me of when we went to the beach" or "That's just like your cousin!"
  Rarely | Sometimes | Often | Always

- [ ] **I share my emotional reactions to stories.**
  "That made me feel worried for the character" or "What a funny surprise!"
  Rarely | Sometimes | Often | Always

- [ ] **I ask genuine questions about the story and show curiosity.**
  "Why do you think he said that?" or "What would you have done?"

■ Show Versatility in Reading Situations

- [ ] **I read in various comfortable locations.**
  Couch, bed, outside, kitchen table, beach, bus — show that reading fits anywhere.
  Rarely | Sometimes | Often | Always

- [ ] **I bring books to waiting situations.**
  Doctor's offices, car rides, restaurant waits, airplane rides — books as portable companions.
  Rarely | Sometimes | Often | Always

- [ ] **I read at different times of the day.**
  Morning coffee with a magazine, afternoon quiet time, bedtime stories — reading has no single moment.
  Rarely | Sometimes | Often | Always

- [ ] **I demonstrate reading in a variety of formats.**
  Picture books, chapter books, magazines, e-books, and audiobooks all count.
  Rarely | Sometimes | Often | Always

- [ ] **I read for different purposes.**
  For work, pleasure, information, to solve problems, stay informed, and for inspiration.
  Rarely | Sometimes | Often | Always

- [ ] **I show reading as a calming, comforting activity.**
  I turn to books when stressed, tired, or needing quiet time — modelling reading as self-care.
  Rarely | Sometimes | Often | Always

■ Share Your Personal Reading Life

- [ ] **I talk about books I am currently reading.**
  "I'm reading this mystery and I can't wait to find out who did it!"
  Rarely | Sometimes | Often | Always

- [ ] **I celebrate finishing books.**
  Share the satisfaction of completing a story or learning something new.
  Rarely | Sometimes | Often | Always

- [ ] **I share favourite books from my childhood.**
  "This was my favourite book when I was your age."
  Rarely | Sometimes | Often | Always

- [ ] **I set reading goals alongside my child.**
  "Let's both try to read for 20 minutes together tonight."
  Rarely | Sometimes | Often | Always

- [ ] **I display books prominently in our home.**
  On bookshelves, coffee tables — library hauls are proudly shown; second-hand finds discussed at dinner.
  Rarely | Sometimes | Often | Always

- [ ] **I discuss books with other adults in front of my children.**
  Book recommendations, plots, reading experiences — let children overhear your

Weekly Reflection

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NAME _____ DATE _____

What came most naturally to you this week?

Where do you want to grow or try something new next week?

One moment this week when you felt the connection happen:

An observation about how your child responded to reading this week:

Something I want to try or remember for next week:

This Week's Tally

■ Radiate Authentic Enthusiasm	__ / 6	■ Narrate Your Reader's Mind	__ / 6
■ Show Versatility in Reading	__ / 6	■ Share Your Personal Reading Life	__ / 6

Modelling doesn't require perfection or grand gestures:
it lives in small daily actions.

Each moment plants a seed of joyful literacy that will bloom over time. ■